Put down your phone to live longer
Excessive use of smartphones can affect our necks, hands, eyes, sleep, even the way we think. Joyce Teo reports, D2&3

Commonmyths

Put down your phone to live longer
Excessive use of smartphones can affect our necks, hands, eyes, sleep, even the way we think. Joyce Teo reports, D2&3

Two doctors delve into common misconceptions of this disease

There are fewer cases of stomach cancer today than before the 1970s. Interestingly, the advent of refrigeration has been partly credited for this reduction because it allows people to prolong the shelf life of food without using high-salt preservatives — methods of preservation often associated with the cause of stomach cancer in the past.

Every year, 350 Singaporeans are diagnosed with stomach cancer, and 330 will die of the condition. These sobering statistics are due to many cases being diagnosed at a late stage.

Debunking common myths of stomach cancer

Two doctors delve into common misconceptions of this disease

There are fewer cases of stomach cancer today than before the 1970s. Interestingly, the advent of refrigeration has been partly credited for this reduction because it allows people to prolong the shelf life of food without using high-salt preservatives — methods of preservation often associated with the cause of stomach cancer in the past.

Every year, 350 Singaporeans are diagnosed with stomach cancer, and 330 will die of the condition. These sobering statistics are due to many cases being diagnosed at a late stage.

Debunking common myths of stomach cancer

Two doctors delve into common misconceptions of this disease

There are fewer cases of stomach cancer today than before the 1970s. Interestingly, the advent of refrigeration has been partly credited for this reduction because it allows people to prolong the shelf life of food without using high-salt preservatives — methods of preservation often associated with the cause of stomach cancer in the past.

Every year, 350 Singaporeans are diagnosed with stomach cancer, and 330 will die of the condition. These sobering statistics are due to many cases being diagnosed at a late stage.